



Greetings Mayflower friends,

**PLEASE NOTE, DUE TO THE PASSING OF A LONG-TIME PARISHONER, THE CHURCH WILL NEED OUR MEETING SPACE. OUR MEETING THIS MONTH WILL BE HELD AT:**

**St. Athanasius Parish Center, at 300 Haverhill Street, Reading**

We have a great program lined up for our meeting this Saturday, October 21!

Many Mayflower members have creative pursuits in addition to rug hooking. Our members knit, paint, sew, quilt, appliqué, embroider, crochet, and needle felt. We've got a new one for you!

This month our speaker will be presenting Zentangle. If you've never heard of it, check out the website [Zentangle.com](http://Zentangle.com). According to the website, "The Zentangle method is an easy to learn, relaxing, and fun way to create beautiful images by drawing structured patterns."

Zentangle can be another tool in our toolbox when it comes to creative expression in our rugs. To participate, see the details later in the newsletter.

Please bring those geometric rugs you forgot last month for Show and Tell! Plus, of course, your newly completed mats.

Looking forward to seeing your shining faces in a new location on Saturday!

Tina Carrick  
Co-President

**Come Join us this Saturday,  
October 21 at 10:00 at  
St. Athanasius Parish Center**



*Note: The pillow pictured above is a pattern called Zen Doodle, designed by Jane McGown Flynn and available from Honey Bee Hive. It is hooked by Lynne Howard.*

We hope you all can join us at our temporary home this week for what promises to be an inspiring program.

This month, will have an opportunity to learn a new technique of Zentangle. Zentangle is a process in which participants learn a method of meditative art which allows participants to relax and create. Each student's Zentangle will be unique to them. Our program committee (Marcy Young and Lin Fields) asked Michelle Broadbent, a certified Zentangle Teacher, to join us to introduce us to Zentangle and how it could be incorporated into rug design. The class will include creating, via the process, a small tile that could be used as a new rug design of your own. A \$7 materials fee per student should be paid on the day of class to the instructor directly for those choosing to participate. This kit includes pen, pencils, smudging tool and 3 cards, all contained in a little bag.

Michelle Broadbent has been a Certified Zentangle © Teacher since 2016 and she teaches programs to young and old in many settings and venues. Her goal is to inspire others to learn the Zentangle method and be creative.

## **October Hospitality**

We invite those whose last names begin with A-M to bring something to munch on in our meeting, either sweet or savory. Thanks in advance.

## **Challenge Mats for This Year**

In our meeting last month, Tina shared the theme for this year's challenge mats. It will be mats designed using templates. One of our speakers last year, Lisa Chaloner, showed us how to use templates to help in rug designing. With that in mind, Tina has chosen several templates for us to take advantage of and come up with our own designs. There are two different themes...farm life and sea life. Please see the following pages for more specifics and choose one that interests you!

The images can be enlarged or reduced to fit whatever design you come up with. You can add any other elements you like. While we have no size restriction this year, we would suggest keeping it to approximately 9" square to keep it a manageable project, but if you wish to go big, there is nothing to stop you!

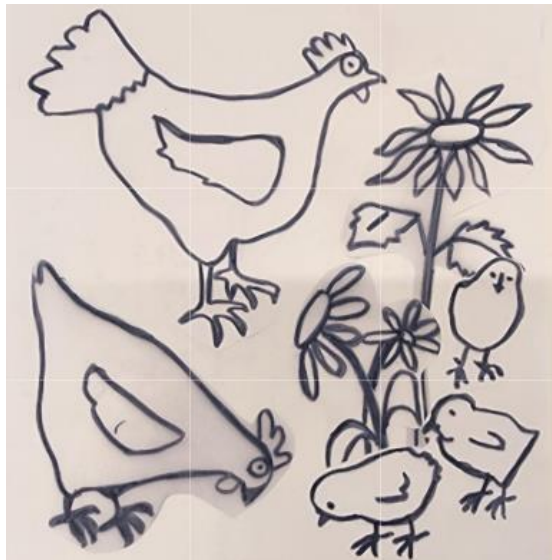
We will set our deadline date to be our March meeting since we always target to get them completed by the Westford Hook-in, typically in early April.

## Farm Life Templates

Templates are available for chickens, chicks and flowers. You can use these templates to create your own composition.



A couple of sample compositions:



## Sea Life Templates

Templates are available for angelfish, sea horses, star fish and seaweed. Here too, use these to create your own design, adding any additional elements you wish.



A couple sample designs:



## Show and Tell – New Rugs

We had a lovely variety of show and tells last month:



Donna Allen

Tina  
Carrick





Debbie Power



Catherine Flowers

Debbie and Tina participated in a fun vacation art project presented in a Tik Tok video. They each captured their dogs



Debbie  
Power



Tina Carrick





two rugs by  
Ildi Tary



## **Show and Tell – Special Invitation**

We are repeating our theme from September of geometric rugs because most people forgot about it and asked that we have a redo this month. There was one geometric rug brought last month by Susan Russo, but I'll include that pic in the next newsletter.

Our themes for the rest of this year are:

November: Monochromatic rugs

December: Our homes (or any home)

January: Fond family memories

February: Pets/animals

March: Flowers in vases

April: Interesting/unusual borders

May: Bright and bold!!

## **Our Programs for 2023-2024 Year**

### **November 18:**

**Member Journey: Ildi Tary**

### **December 9:**

**Holiday Party**

### **January 20:**

**Member to Member Demos/Mini Workshops**

*Please remember to let Marcy and/or Lin know if you have something you wish to present*

### **February 17:**

**Flea Market**

### **March 16:**

**Finalizing arrangements for a great speaker!**

### **April 20:**

**Bev Mulcahey, speaker**

### **May 18:**

**Hook-in**

### **June 15:**

**Strawberry Festival**

## **Upcoming Events of Interest**

A short list of upcoming events is provided below. If you know of anything else coming up that should be added, please email Ildi at [itary@comcast.net](mailto:itary@comcast.net) for publication in our next newsletter:

### **Wool Sale: Sunday October 22 Canaan Meetinghouse, Canaan Street, Canaan, NH**

This Sunday, October 22 from 10-2, there will be a sale of hand-dyed and off-the-bolt wool. Kathie Barbour is selling her extensive collection of over fifty large cartons of wool to benefit the Canaan Meeting House and Mascoma Valley Preservation.

Bargain prices, sold by the bag, check or cash. Let anyone know who might be interested.

### **Mayflower Retreat at the Franciscan House, Kennebunk, ME - October 26-29**

Please see Donna's email or the details in one of the following pages for registration.

### **Down East Hook-in in Bangor, ME November 4-5**

This event is sponsored by Nancy Jewett and Judith Hotchkiss and is not an ATHA sponsored event, so it is open to all. Registration information can be found at <https://yhst-99382736136612.stores.yahoo.net/hkins.html>.

### **The Golden Age of Illustrated Fairy Tales, Durham, NH November 10-11**

See flyer on the following page.

**WE ARE EXCITED TO PRESENT  
THE GOLDEN AGE OF ILLUSTRATED FAIRY TALES**

*There is something to love, hate, think and laugh about for anyone who is, or was once, a child.*

A Hooked Rug Show

November 10 (3pm-7pm) and 11 (9am-3pm) 2023 Admission Fee \$15 UNH Students/Faculty \$10

University of New Hampshire, 7 Mill Road, Durham, NH 03823 - Holloway Commons



**Shop wool and supply vendors and enjoy interesting Gallery Talks**

**Sponsored by ATHA Chapters:**

**Tin Pedlar of Maine, White Mountain Woolen Magic and Mayflower**

Fiber Art demonstrations by local ATHA members

For more info: [www.mainetinpdlars.wordpress.com](http://www.mainetinpdlars.wordpress.com)

For local contacts: Rachel - [rajohns01@hotmail.com](mailto:rajohns01@hotmail.com) or Linda - [webweaver166@outlook.com](mailto:webweaver166@outlook.com)

**THE GOLDEN AGE OF ILLUSTRATED FAIRY TALES**

Sponsored by the National Guild of Pearl K. McGown Hookrafters